

# Educator Spotlight

## Helen G.

Bus Driver, Cook, ECA

“I am committed to creating a healthy and safe environment for all children attending our daycare. I always prepare meals with care, ensuring that food is nutritious, balanced, and supports children’s growth and development.”

### Experience:

- Over 20 years of experience working with children in and outside of the classroom
- Experienced in preparing safe, nutritious meals for children
- Mother of two wonderful children

### Favourite Children's Books

- Any books by Robert Munsch
- Enjoys stories that are engaging, humorous, and relatable for young children

### Skills and Strengths

- Creating yummy meals
- Time management
- Bus safety!
- Creating interpersonal relationships

### Education & Qualifications:

- Certified Early Childhood Assistant (ECA)
- Holds current Food Safety certification
- Knowledgeable in safe food handling and meal preparation for children in a childcare setting

